

## INTRODUCTION

### Message From Our Manager

As the seasons change and the weather takes a turn, we embrace the cosy nights ahead. With the festive build-up towards Halloween and then Christmas, there is much to look forward to. Let's make this season one to remember!

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

*Damon*

**Damon Drummond**  
Home Manager



## SPECIAL VISITORS

### Lakemoor Alpacas

We had a great visit from Wayfarer and Powerball of Lakemoor Alpacas. Everyone loved giving them some carrots and feeling how soft their fleece was. We learned a lot of facts about alpacas, and now we all want one in the garden!



### Animals 2U South West Visit

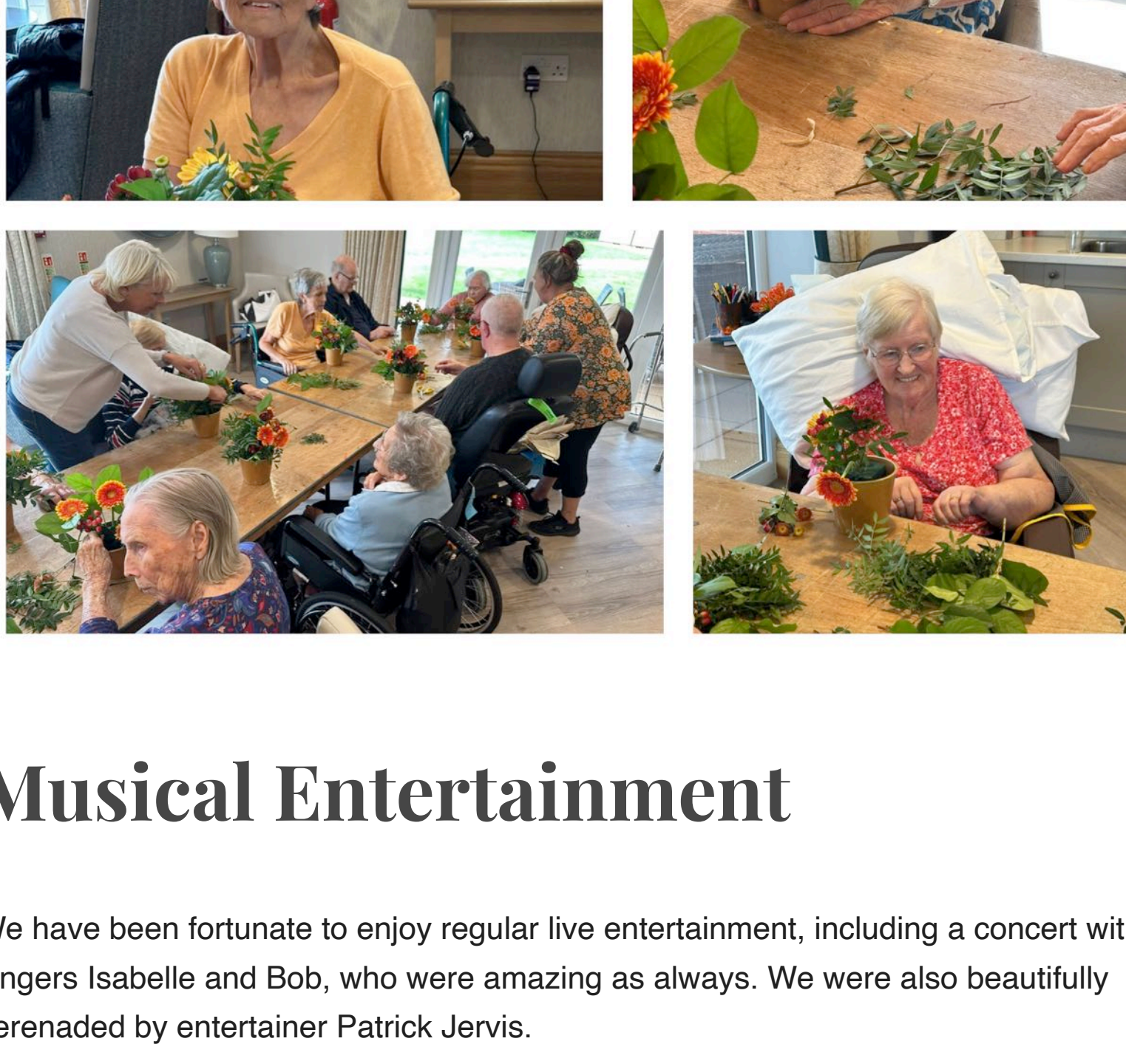
Everyone loved meeting some stick insects, mice, and geckos. We all had so much fun, with some being more keen than others to handle them rather than just observe. Well done to those brave enough to give it a try.



## ACTIVITIES & EVENTS

### Flower Arranging

An afternoon was spent making beautiful bouquets with seasonal flowers; we are always amazed by their impressive creativity in brightening up our rooms. Everywhere looks and smells amazing now.



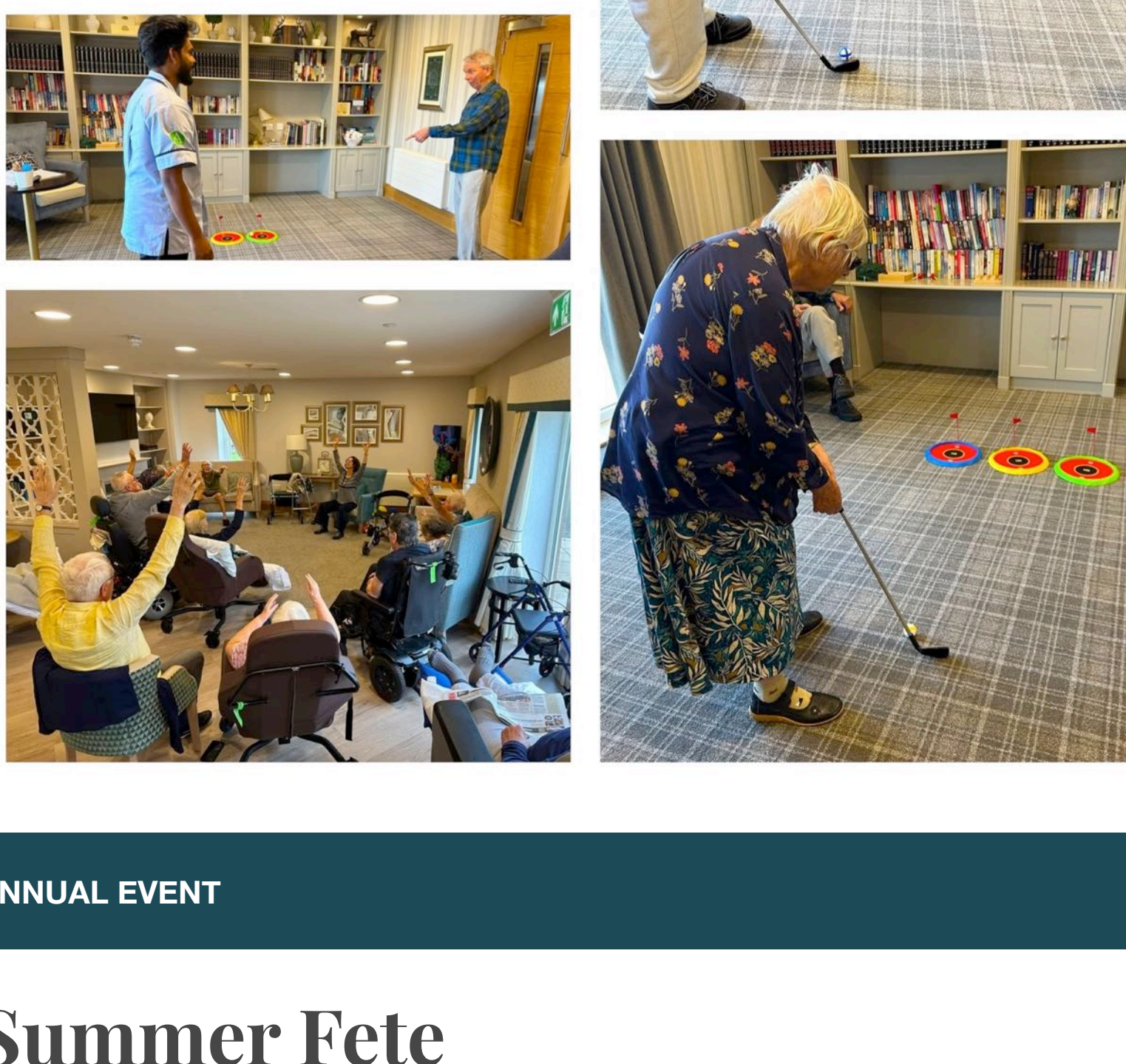
### Musical Entertainment

We have been fortunate to enjoy regular live entertainment, including a concert with singers Isabelle and Bob, who were amazing as always. We were also beautifully serenaded by entertainer Patrick Jervis.



### Keep Fit

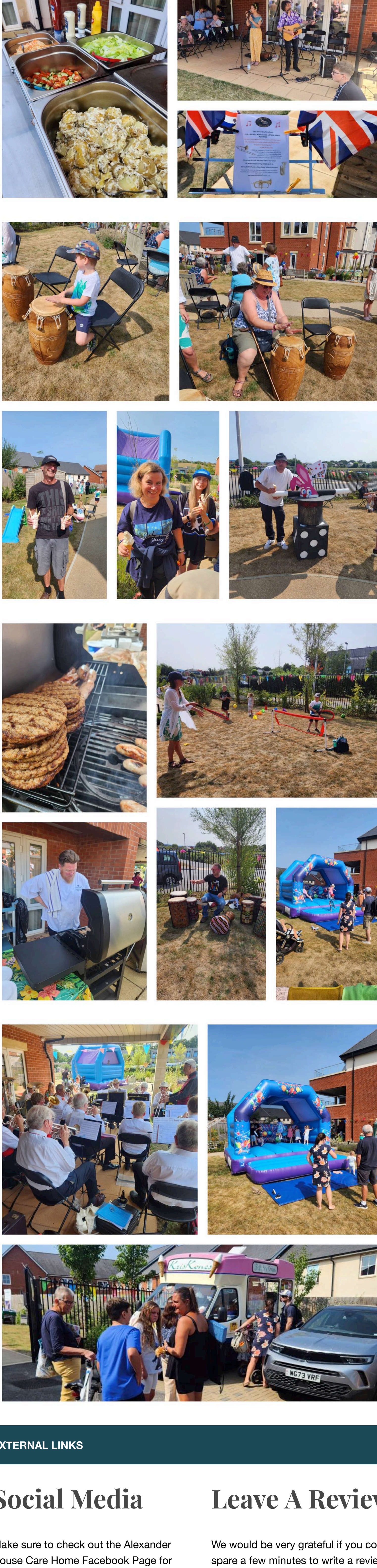
Golf is a great game to bring everyone together, and it turns out that we have some very competitive people in the home. We also had a fantastic yoga session with Rachel, followed by a cuppa and some lively discussions. Yoga is excellent for getting us moving, keeping us relaxed and stress-free, as well as enhancing our general mood and quality of life.



## ANNUAL EVENT

### Summer Fete

What a brilliant day it was, bringing together all the residents, staff, visitors, and entertainers! Everyone agreed it was a great day, and everything went to plan with no hiccups, thanks to the hard work involved in preparing for the event. We were blessed with wonderful weather that made it even more special. Our thanks go to everyone involved or who attended for making it such a successful occasion.



## EXTERNAL LINKS

### Social Media

Make sure to check out the Alexander House Care Home Facebook Page for all our latest photos!

**Don't Forget To 'Like' Us!**

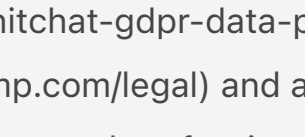
### Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

**[Carehome.co.uk](#) & [Google Reviews](#)**

**ALEXANDER HOUSE  
CARE HOME**

Created by [ChitChat Marketing Limited](#)



[View email in browser](#)

You are receiving this email as it is the quickest and most efficient way we can keep you updated with our news and communications as a contact of our home. We hope you find our newsletters interesting and informative. We use ChitChat Marketing as our marketing partner (<https://www.chitchatmarketing.co.uk/chitchat-gdpr-data-processing-agreement>) and Mailchimp as our marketing platform (<https://mailchimp.com/legal/>) and as such your information is transferred to them for processing. All information is treated professionally and with respect. You can of course unsubscribe at any time by clicking the 'unsubscribe from this list' link at the bottom of each email.

[update your preferences](#) or [unsubscribe](#)

